



The Courier



April 2017

Sacramento Chapter— Sons of the American Revolution

Volume 49, Issue 4

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Phillip Noble

Phillip H. Noble is a docent at two of California's most historic sites. He has served at both the California State Capitol and the Leland Stanford Mansion State Historic Park for over nine years providing tours and historic interpretation. Mr. Noble was born in Louisville, KY, but spent most of his youth in Southern California.

After graduating from San Diego State University in 1973, he moved to Sacramento to begin a career with the State of California. He started as an analyst and subsequently became a manager. Later, Mr. Noble earned a Juris Doctor Degree and was admitted to the California State Bar, eventually becoming a state attorney. He worked in State government for 34 years before retiring in early 2008, when he started his volunteer docent work.

Although his career path led him into government and law, Mr. Noble has always had a deep interest in history and especially United States History. As a young man and later as an adult, he has enjoyed reading about history and visiting historical sites, battlefields and museums. This love of history not only resulted in Mr. Noble becoming a docent, but also led him into the area of collecting historical documents and signatures. His collection includes items signed by presidents, vice presidents, first ladies, Supreme Court justices, and California governors.



Phillip Noble

Program Description continued on page 4

Editor's Note: The statements and opinions expressed herein are solely those of the author(s) and do not necessarily state or reflect those of the Editor, the Sacramento

Cattlemens Meal Selections

Ribeye Steak	\$30.
Sirloin Steak	\$25.
Grilled Salmon	\$25.
Lemon Chicken	\$25.
Pesto Spinach/Cheese Ravioli	\$25.
(vegetarian)	

Friday, April 21, 2017 7:00 PM
Cattlemens Restaurant
12409 Folsom Blvd., Rancho Cordova

If the telephone committee has not taken your reservation and menu selection(s) by **Wednesday evening, April 19**, please call Michael Brady at (916) 647-3716 directly and leave a message by noon on Thursday or mlbrady@sbcglobal.net. We strongly encourage reservations be made in advance. All reservations are guaranteed. Don't be a "no show." Wives, guests and visiting compatriots are always encouraged and welcome. We are a 501(c)(3) non-profit charitable organization, EIN # 68-0004288

Current Officers

Alan Brooking
President

Don Littlefield
Executive Vice-President
Treasurer and Webmaster

Carl Ahlberg
Vice President of Meetings

Jim Faulkinbury
Genealogist & Secretary

Jeff Goodwin
Chaplain

Don Spradling
Photographer
Guardian of the Flags

Neil Elvick
Newsletter editor

Committee Chairmen

Roy Adkins
ROTC/JROTC Program

Neil Zinn
Eagle Scout Program

Alan Brooking
Americanism Poster Contest

Carl Ahlberg
Program Committee

Mike Hull & Del Hansen
Law Enforcement Program

Michael Brady
Calling Committee
Cashier

President's Corner April 2017

The March St. Patrick's Day chapter meeting became a gathering for those celebrating their Irish heritage and those of us just helping the celebration along. Sacramento Chapter's own Matthew Bowdish presented a fascinating and enlightening program - Medicine in the 17th Century. Certainly the subject matter made us all consider just how fortunate we are to enjoy the benefits of 21st century medical practices from physicians such as Dr. Bowdish.

Please join me in extending a warm welcome to March's newly inducted member Will Gunter II. Will's patriot ancestor is Basil Morris. Will lives in a spot we've seen in the news in recent times - Oroville.

Congratulations are in order to the following Compatriots celebrating SAR service anniversaries this month: a twenty year anniversary for John David Beach; and five year anniversaries for Donald Lincoln Clark and this officer, Alan Brown Brooking.

Early March saw this officer and my WOSAR, Susan, attending Spring Leadership Conference/Trustee Meeting at the spectacular Brown Hotel and NSSAR Headquarters in Louisville. First time attendees sport a green dot on their name badge. (Does "greenhorn" come to mind?) This dot serves as an immediate introduction to attendees from every corner of this nation and all things SAR along with some very special perks. Consider putting either the spring or fall meeting in Louisville on your calendar, wear your "green dot" proudly and enjoy the special treatment you'll receive while gaining valuable insight into your society.

Each of us is proud to represent our ancestor in this lineage society and a trip to Louisville brings it all into perspective. To meet and talk with national officers on a one-to-one, to exchange ideas with people from other parts of the country, to have the opportunity to have a docent led tour of NSSAR headquarters building and library increases your sense of the importance in all we do in this organization. It also makes you want to return!

Now we are off to Irvine for the 142nd CASSAR Annual Meeting to continue this learning process for the benefit of Sacramento Chapter.

The 2017 Poster Contest has a chapter winner. Thirteen classrooms in five schools participated in illustrating the story of "John Sevier & the Over-The-Mountain Men." Sacramento Chapter's entry will be in Irvine to compete at

state level. This program is a perfect introduction for fifth grade students to examine our history in greater depth. It would be my pleasure to work with you in the 2018 program. Please contact this officer, and we can work together towards the continued success of the Poster Contest.

Sacramento Chapter member Phil Noble will be program speaker at the April 21st meeting. His collection of Historical Documents and Signatures along with his depth of knowledge of items in the collection will be of great interest to all. Looking forward to seeing you in April.

Yours in Patriotic Service



President Alan Brooking

Alan Brooking

Alan.brooking@sarsac.org

Minutes of March 17, 2017 Meeting

Sons of the American Revolution – Sacramento Chapter

Sacramento President Alan Brooking called the meeting to order at 7:03 PM. He then gave the Invocation and asked Phillip Noble to lead the Pledge of Allegiance, followed by Russ Kaiser who led the Pledge to the SAR.

President Brooking next introduced the National and State Officers and Sacramento Past Presidents who were present. They included NSSAR Vice President General for the Western District Jim Faulkinbury who was also CASSAR Past President 2014 and Sacramento Chapter Past President 2005-2006; Sacramento Chapter Past President 2000, 2001, 2002, 2004, and 2012, and Chairman of the Poster Contest, Tom Chilton; Sacramento Chapter Past President 2010-2011, Don Littlefield who is the current Sacramento Chapter Executive Vice President, Treasurer, and Webmaster as well as CASSAR Wreaths Across America Chairman; Sacramento Chapter Past President 2013-2014, Russ Kaiser who is the current Color Guard Commander and CASSAR Color Guard Adjutant-North; Sacramento Chapter Past President 2015-2016, Craig Anderson; Ford Osborn who is Past President of the Silicon Valley Chapter; Tom Adams who is Past President of the Mother Lode Chapter; Vice President of Programs and Chairman of the Middle School Brochure Program, Carl Ahlberg; Custodian of our historic flags and Co-Chair of the Community and Law Enforcement Program, Michael Hull; Chairman of the chapter ROTC/JROTC Program, Roy Adkins; Chairman of the Eagle Scout Recognition Program, Neil Zinn; and Chapter Photographer, Don Spradling.

The DAR members attending were, from the Sacramento Chapter DAR Marilyn Chilton; from the Gold Trail Chapter, Karen Faulkinbury; and from the El Dorado Chapter, Past Regent, Ellen Osborn.

CASSAR LAUX members present were Marilyn Chilton, Karen Faulkinbury and Donna Spradling

Our other guests were James William Gunter who is a new member to be inducted tonight.

Following introductions, Michael Hull was asked to come forward and discuss the two flags he brought tonight --- the French Standard and the Green Mountain Boys flags.

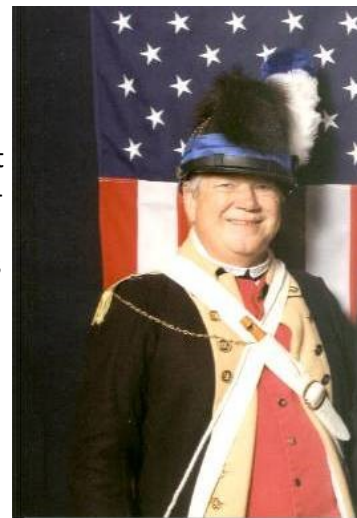
Tom Adams, who is on the National Society's History Committee, gave a presentation about an initiative to have members who are history buffs produce brief summaries of historical events that can be placed on the SAR website for use in supporting our youth contests.

The next item of business was the swearing in of our newest member, James William Gunter. His bio was read by his cousin, Compatriot Evan Jonas after which President Brooking inducted him and the membership came forward to welcome him with the usual handshake.

We then recessed for the dinner meal.

Following dinner, President Brooking introduced our guest speaker, Compatriot and member of the Sacramento Chapter, Dr. Matthew Bowdish. Compatriot Bowdish gave a very interesting talk on Revolutionary medicine and the medical history of George Washington. He presented the fact that most health care was accomplished at home by mothers who were responsible for nutrition, herbal remedies and even minor surgeries, and who used books written on the subject such as "The English Huswife" written in 1615 by Gervase Markham. Illness was believed to be an imbalance of the 'four humors' – phlegm, black bile, yellow bile, and blood. To bring the humors back in balance, treatments included cupping, cataplasms (poultices), purgatives, and venesection (bleeding). He talked about the most dreaded disease which was smallpox and which was the cause of death of about 10% of the population by 1700, and how, in 1721 Lady Montagu successfully tried a technique of inoculation to treat her son. The technique came from the middle east on her son. This treatment was brought to the colonies and advocated by Cotton Mather in 1721 and later by Benjamin Franklin. General Washington inoculated his army at Valley Forge to stop an outbreak there. Dr. Bowdish then went into a discussion of Washington's health. After the presentation, President Brooking presented Dr. Bowdish with a Certification of Appreciation.

(Continued on following page)



Jim Faulkinbury, Secretary

March Minutes Continued

(Minutes Continued from previous page)

President Brooking announced that the speaker for our next meeting will be Compatriot Phillip Noble who will give a presentation on autographs of our Founding Fathers. Then, with the help of Russ and Donna Kaiser, he held the raffle. Those donating gifts were, Russ and Donna Kaiser, Susan and Alan Brooking, Evan Jonas, Neil Zinn, Don and Donna Spradling, Craig and Sandy Anderson, Joseph Lucas, Ron and Patty Profer, Ron and Luann Hollis, Harlan and Sidney Tougaw, Mike and DJ Brady, Doug and Wilma Cross, Ford and Ellen Osborn with Celia Wolary, Jim and Karen Faulkinbury, and Tom and Marilyn Chilton. Following the raffle, he thanked Don Littlefield for cashiering the table, Russ and Donna Kaiser for help conducting the raffle, Don Spradling for taking the pictures, and Neil Elvick for editing the newsletter. He then asked for a motion to adjourn which was followed by Joseph Lucas leading us in the SAR Recessional. President Brooking then gave the Benediction after which we sang *God Bless America*. The meeting was adjourned at 9:15 PM.

Respectfully submitted

Jim Faulkinbury, Secretary

(Phillip Noble, Speaker, Continued from 1st page)

Mr. Noble currently resides in Sacramento with his wife Kathleen Noble. He has two daughters and seven grandchildren that range in age from 2 to 13. He tries to stay physically active by playing Senior Men's baseball and skiing.

Mr. Noble's presentation will involve sharing and discussing some of his document collection with the group. This will include items signed by some of our founding fathers. Those in attendance will have the opportunity to view and hold some history in their hands.

Flags displayed during the programs are from the Chapter's own collection



The French Standard Flag

The Fleur de lys is the depiction of a stylized lily that was associated with the French monarchy at the time of the American Revolution. The French were important allies towards the end of the Revolutionary War.



The Green Mountain Boys Flag

Ethan Allen and his brigade may have fought under this banner when they invaded Fort Ticonderoga and later at the Battle of Bennington

March Program and Photos from Meeting

Photos by Don Spradling



Dr. Matthew Bowdish receives Certificate of Appreciation from President Alan Brooking



Dr. Matthew Bowdish and President Alan Brooking

Dr. Bowdish gave an interesting talk on the state of medicine at the time of the Revolution and more specifically on how this impacted the health and well being of George Washington.



Jessica Brady



Joseph Lucas



Chris Johnson



Ellen & Ford Osborn

These photos taken during the informal hour prior to the start of the business meeting, dinner and the evening's program.



Barbara & Sean Jones

New Member

Photos by Don Spradling



Evan Jonas, with his cousin, new member James William Gunter, and President Alan Brooking



Taking the Oath from President Alan Brooking

James William Gunter II

James William Gunter II was born in Sacramento, California on April 14, 1954 and currently lives in Oroville, California. He is retired from Automotive Fabrication and Design at Discovery Automotive. James served in the United States Army (Feb. 1983)

Hobbies include: Screaming Guitars & LOUD HARLEYS, Road trips to wherever the front wheel takes me, Working on my new (old) house, Genealogy (amateur), Studio & outdoor photography, Off-road adventures, History of all types, Working with my hands, & Tattoos (actually—an addiction)

His application to join the Sons of the American Revolution was approved on February 1st 2017. His patriot ancestor, Basil Morris, served as a private in the Virginia Troops. He served for a month in 1778 under Lt. Robert Benson & one month in 1779; for 3 months in 1780 under Lt. Buckingham & Capt. David Enoch; 3 months in 1781 in Capt. David Owen's Co., and one month in 1782 under Col. David Crawford where he was at the battle of "Crawford's Defeat." He served in forts on the frontier, scouting and spying and in 1784 served for one month in Pennsylvania under Capt. Henry Dickerson.



James William Gunter II



Doug and Wilma Cross



Doreen & Kenneth Brady and son, Michael Brady

ROTC/JROTC Chairman, Roy Adkins Presents and explains the Chapter's program

I am Roy R. Adkins our chapters JROTC_ ROTC Program Chairman.

We had a mishap last month on Cadet McWhrit so she will be here April 21st as the winner of the “JROTC Enhanced Program” for her essay.



Roy Adkins

First I would like to start off by thanking Jim Faulkinbury for bringing the “JROTC Enhanced Program” to the state of California along with my predecessor Tom Chilton, who had enough confidence in thinking I could pull this off, and giving me the confidence to rewrite the “JROTC Enhanced Program” awards criteria with the board’s approval. I would like to take a little of your time this month to tell about our chapters involvement in the “JROTC-ROTC Program”. We have 16 high schools and two colleges that we give SAR Bronze and Silver medals with certificates to, upon many selected cadets based on the standards of ROTC program and the standards of the participating schools. We also recently gave the SAR Heroism Medal to Cadet Jordan Villar-Cayabyab from Vanden High School for saving a life with the Heimlich maneuver. His goal is West Point. I was part of the awards program at Casa Robles

High School to see a cadet receive a four year forty thousand dollar scholarship to West Point. Cadet Ethan Jon Cao received the highest award that could be given to a 3 year Air Force JROTC Cadet at his school and is now in college.

Last year we had a winner, Cameron Castillo, who won are “JROTC Enhanced Program” for the best essay and was recently accepted into West Point military academy as well. We have been invited to the Change of Command ceremonies for cadets within the JROTC- ROTC program along with new commanders as well. I have been invited to have a photo taken at the fifty yard line with the cadets at Luther Burbank High school for their annual pass in review naval inspection. And I have personally been invited by Cadet Hannah McCleary’s induction into US Army as a combat nurse from Fairfield High School student’s Air Force JROTC unit. Cadet Ethan Jon Cao received the highest award that could be given to a 3 year Air Force JROTC Cadet. And is now in college.

My most memorable was to represent our chapter at Sac State College Detachment 88 to their Military Ball and later that month to be invited again to represent our chapter to witness the swearing in of 12 ROTC cadets into the United States Air Force as 2nd Lt. After one cadet was commissioned he proposed to his girlfriend on the ceremony stage.

If you would want to be part of this and help me out it only requires you going to their school and handing a Certificate and a Medal to a very deserving Cadet in our ROTC Program. It takes about two hours of your time. That’s not so much to ask from a Chapter member once in a fiscal year.

To see the glow on these Cadets faces are one to be remembered as they are in the top of class. They have pushed through a very tough curriculum to fit the requirements of their school and the high standards of the ROTC Program. When a student asks me about the ROTC Program I will always encourage them to give it a shot. I let them know that it isn’t for everyone and it is not a Military recruitment tactic. Some enter our “JROTC Enhanced Program” that can reward them quite nicely in their drive of perseverance, of self, in service, pride and integrity and yes even cash. The schools are basically quite organized. Some will have reserved parking, some are catered. Let them know upon your arrival and you will be seated by cadet. The cadets have great enthusiasm and the parent involvement is phenomenal. Some of these honor guard Cadets are at the top of their game and is a must see. My most rewarding aspect of the ROTC program is to speak at the flag pole ceremonies and in the classrooms, motivating the cadets about why they should get involved with the “JROTC Enhanced Program”.

Junior and Senior ROTC Recognition Programs: The Sons of the American Revolution (SAR) conducts two **JROTC programs** and one **ROTC program** through Chapter and Alabama Society. These awards are presented by the Chapter, the Alabama Society, or the National Society to JROTC and ROTC cadets who are selected for having a high degree of merit with respect to leadership qualities, military bearing and general excellence. The recipients are selected by the Senior Military Instructor (SMI) or Commanding Officer of the JROTC or ROTC unit, who is given full latitude in making the selection.

SAR Bronze Junior ROTC Medal Program: In coordination with the high schools, The SAR Bronze JROTC Medal Package to an outstanding cadet at the JROTC Unit’s Annual Award Ceremony. The Chapter provides and presents this Medal Package to a cadet chosen by the SMI. The “Medal Package” includes a medal with drape, ribbon, certificate,



Cadet McWhrit

ROTC/JROTC Continued

(Continued from previous page)

Cadets are selected using the following criteria (these requirements are also set forth in the parent military service directives to JROTC Units.) Cadet must be enrolled in JROTC Program; 3rd year of a 4 year Program or 2nd year of a 3 year Program (cadet must be a junior); Top 10% of JROTC Class; Top 25% of his/her Class.

JROTC Enhanced Program – Chapter Level: The JROTC Enhanced Program; i.e., the “Outstanding Cadet (OC)” program, requires that a cadet write an original 500-700 word essay in addition to meeting the above listed criteria. The essay Topic is “How JROTC has prepared me to be a better citizen of the United States of America.” It is suggested that 11th grade cadets could prepare for this award at the beginning of the school year by being involved in writing this essay. (Award of the Bronze JROTC Medal described above does not involve the essay.)

A Nomination Form and Endorsements (Recommendations) from the SMI and the school Principal are also required. The Principal’s Endorsement must also verify the Grade Point Average (GPA) and Class Standing of the cadet. A transcript may be provided, but GPA verification by the Principal is still required. “Block Scheduling,” where students complete one year in one semester, may create a minor problem; however, a cadet still must be enrolled in the JROTC Program. If the School Administrator states the Cadet is a Junior, that status is accepted.

Each JROTC Unit may nominate one cadet to represent the Unit in the Chapter competition. The Chapter selects one cadet to represent them in the Alabama Society competition. The cadet that wins the Chapter or Alabama Society competition should not be awarded the SAR Bronze JROTC Medal.

Nominations for the Chapter OC contest are due by mid to late December to the Chapter JROTC/ROTC Chairman. (The Enhanced (OC) award nomination must be submitted before January 1, while the JROTC Bronze Medal can/should be awarded before the end of the school year.) The OC nominations/entries are judged and the Chapter winner will be invited to read their essay in the Spring at a luncheon meeting of the Chapter at the Montgomery Country Club. Luncheon expenses for the winner will be provided; for accompanying advisors or parents are asked to pay the established luncheon cost. Additionally, there is a special Chapter OC Medal (bronze medallion with neck ribbon) for the Enhanced Program Winner. Under certain circumstances, the Chapter may also award the Chapter Runner-up with the SAR Bronze Good Citizenship Medal and Ribbon.

JROTC Enhanced Program – State and National Level: The winning entry for the Chapter is submitted to the Alabama Society in early to mid-January of each year. If selected as the state winner, the student and two accompanying adults are invited to attend the Alabama Society State Convention held in late February or March. The Convention’s Saturday evening banquet meal is provided free to the state winner and accompanying adult(s). Mileage, room, and meal expenses (i.e., ‘travel’ expenses) up to a total of \$225 (amount may vary), if requested, are also paid to the state winner for attending the State Convention.

The Alabama Society contest winner is entered in the National Society contest in April or May. The National winner would be flown to the SAR National Congress (held in June/July), provided travel, hotel and expenses not to exceed \$1000; awarded the National SAR JROTC Outstanding Cadet medal; and presented a separate check for \$1000. The National winner would also read their essay at the Youth Awards Luncheon held during the National Congress. The winning essay will also be published in the SAR Magazine.

Senior ROTC Medal Program: The SAR Silver ROTC Medal is presented (only) to student cadets in a college or university ROTC unit. The medal endeavors to foster the principle of “citizen-soldier” exemplified by the Minutemen. The medal is approved by the United States Army, the United States Navy, the United States Marine Corps, and the United States Air Force. Each service has notified its ROTC units of this approval and has authorized presentation to its cadets or midshipmen. For ROTC units with fewer than 500 cadets or midshipmen, one medal will be awarded each year. For larger units, one medal may be presented for each 500 students enrolled in the unit. In cases where a school has more than one ROTC unit, each unit is counted separately. The recipients are selected by the Commanding Officer of the ROTC unit, who is given full latitude in making the selection. No recipient may receive it more than once.

The General Richard Chapter currently awards the Silver ROTC Medal to cadets enrolled in the four ROTC program in area colleges/universities.

Roy Adkins,
ROTC/JROTC Program Chairman

This Week in 1775



Depiction of the Battle of Lexington where “The Shot Heard Around the World” was fired.



Minutemen versus the British Army at Concord.

This week in 1775 Britain's General Gage was planning to send, in the early morning hours of April 19, regiments of British soldiers, quartered in Boston, to Lexington where they planned to capture Colonial leaders Sam Adams and John Hancock. Then it was to be on to Concord to capture stored armaments and gunpowder. But Patriot spies learned of their plan.

Two lanterns hanging from Boston's North Church informed the countryside that the British were going to attack by sea. (This notified them that the troops were taking boats across the Charles River to land near Phips farm and then would proceed towards Lexington from there).

A series of horseback riders, including Paul Revere, William Dawes and Dr. Samuel Prescott then set off to warn the countryside. Their cry was not “The British are Coming,” but “The Regulars are Coming.” The citizens of Massachusetts at this time still considered themselves to be British and would not have understood why they should be alarmed that the British were coming.

Links

SAR Sacramento Chapter photos from our dinner meetings can be accessed and downloaded at

<https://sar.smugmug.com/>

& enter **Patriot**

The “Great Courses” organization has a 24 lecture course on the American Revolution available on DVD. The course is on 4 DVD's each containing 6 lectures. Our Chapter has one set of these which can be made available to members to borrow. Contact either Neil Elvick or Carl Ahlberg.

Information for assembling a uniform or militia outfit is now online at:

<http://www.sar-sacramento.org/uniforms.shtml>.

Coming Events

April 7-8, 2017
142nd CASSAR Spring Meeting
Irvine, California

May 19, 2017 —Regular Meeting
7:00 PM at the Cattlemens Restaurant
Speaker to be announced

April 21, 2017 —Regular Meeting
7:00 PM at the Cattlemens Restaurant
Speaker: Phillip Noble

**A PUBLICATION BY THE
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REVOLUTION**

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The Sacramento Chapter
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